



1435 Mulberry Street
Des Moines, IA 50309
Office: 515-277-6969
Warehouse: 515-282-2026
Fax 515-274-8389
info@dmarcunited.org

www.DMARCUnited.org



DES MOINES AREA RELIGIOUS COUNCIL RED BARREL NEWS

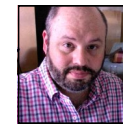
A Monthly Publication of the DMARC Food Pantry Network

AUGUST 2015

PRODUCE ON THE UP-SWING FOR SUMMER

Des Moines, IA—While the Red Barrel numbers are just beginning to bounce back from the summer slump, fresh produce donations for the year have reached an all-time high. Since January, over 223,000 lbs. of fresh produce has come through our warehouse doors. While much of this can be attributed to vendors like Capital City Fruit, Perishable Distributors of Iowa, and Whole Foods who donate thousands of pounds of produce throughout the year, much more can be traced to smaller sources like community, church, and even corporate giving gardens. Faith-based initiatives like Agape Garden out of Ankeny, St. John's Lutheran Faith Garden, and St. Francis of Assisi Gardening Angels help lead the way by offering opportunities for members of the community to sow and reap for themselves while at the same time growing food for others in need. Community-based gardens like Community Youth Concepts use growing as a teaching tool for students in their summer programming in addition to giving back. And Corporations like Wells Fargo and Guide One Insurance have started gardens in their own back yards to get their employees involved directly in giving. Finally, the Meals from the Market program through the downtown Farmers' Market contributes significantly to produce donations during the summer months by collecting surplus food from Farmers and other vendors on site. Since May alone, over 120,000 lbs. of fresh produce has been received thanks contributions of programs like these. Over 23,500 lbs. of that came from the downtown Farmers' Market alone. All this adds up to healthier choices for clients throughout the food pantry network.

NEWS FROM THE COORDINATOR'S DESK



Thank goodness for fresh produce! While many people are out at the State Fairgrounds right about now showing off their prized plants to judges waving blue ribbons, many more green-thumbed growers are admiring a bounty of nutritious, average-sized vegetables in their own back yards. More than a few are cultivating them in their neighborhood, church, and community gardens—and sharing their harvest with those less fortunate. Quite an impressive amount has passed through our doors in the last few months. (In fact over 220,000 lbs!) We simply could not do this without the dedicated and tireless volunteers and donors who make our mission of feeding people a reality. If you've got a garden growing and a few extra tomatoes or cucumbers to get rid of, we're here. Consider dropping off your fresh produce at our warehouse weather your out and about on errands or on your way home from work. Don't let those veggies go to waste! — JR

VOLUNTEER SPOTLIGHT



Des Moines, IA—On Saturday, July 18th, members of the West Des Moines Kiwanis held a Sack Saturday food drive at the Valley West Hy-Vee. They collected over \$550 worth of food and cash donations to aid the DMARC Food Pantry Network. Meanwhile, across town, clients and staff of Mosaic collected donations at the Hy-Vee on East Euclid and the Price Chopper on Beaver & Franklin bringing in over \$200 in food and cash.

Why not celebrate 13 years... with a baker's dozen?

The 13th Annual HY-VEE COLOSSAL COOKIE SALE September 13-26, 2015



#10MillionCookies



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"Like" our food work on Facebook: Move the Food



Follow us on Twitter: @dmreligious
Follow our food work on Twitter: @MovetheFoodDSM

DMARC Food Pantry Network
1435 Mulberry Street
Des Moines, Iowa 50309
515-277-6969

Executive Director Rev. Sarai Rice
Food Pantry Director Rebecca Whitlow
Food Pantry Warehouse: (515) 282-2026
Red Barrel Coordinator John E. Robinson
Office: (515) 277-6969 x18
Cell: (515) 664-0394

RED BARREL COLLECTIONS FOR JULY 2015 = 5,193

Rank	Store	Address	Collected	Store Director	Volunteer Collector
1	Hy-Vee	550 S. 51st Street, WDM	1071	Mark Luke	Harlan Thomas
2	Hy-Vee	410 N. Ankeny Blvd., Ankeny	513	Wes Snook	Link Associates
3	Hy-Vee	1700 35th Street, WDM	484	Brian Bieker	NW Kiwanis
4	Price Chopper	3425 Ingersoll Ave.	363	Mark Pearson	Downtown Kiwanis
5	Fareway	100 E. Euclid Ave.	355	Nick Greiner	Link Associates
6	Brick St. Market	114 Brick Street SE, Bondurant	306	Reenie Hogan	Connie Richards
7	Hy-Vee	1990 Grand, WDM	302	Kim Cole	Chris Burch
8	Price Chopper	1819 Beaver Ave.	268	Tom Day	Golden K Kiwanis
9	Hy-Vee	7101 University Ave.	253	Matt Heldenbrand	Chris Burch
10	Hy-Vee	8601 Douglas Ave.	243	Drew Holmes	Urbandale Kiwanis
11	Price Chopper	4343 Merle Hay Road	236	Kenny Kane	Johnston Kiwanis
12	Fareway	8450 Meredith Drive	137	Dave Eisentrager	Urbandale Kiwanis
13	Hy-Vee	2510 SW State St., Ankeny	126	Kevin Hudachek	<i>No permanent barrel</i>
14	Fareway	109 S.E. Oralabor, Ankeny	125	Doug Haugland	Link Associates
15	Hy-Vee	4707 Fleur Drive	98	Jamie Stephens	Denny Bradshaw
16	Hy-Vee	5759 Merle Hay Rd, Johnston	91	Ryan Roberts	Johnston Kiwanis
17	Hy-Vee	1725 Jordan Creek, WDM	73	Scott James	Bob and Jan Schulte
18	Hy-Vee	1107 Army Post Road	53	Jason Crocker	Denny Bradshaw
19	Price Chopper	5440 N.W. 86th, Johnston	47	Joe McDonald	Johnston Kiwanis
20	Hy-Vee	2540 E. Euclid Ave.	22	Mike Kueny	<i>No permanent barrel</i>
21	Fareway	3000 S.E. 22nd Street	14	Todd Hynes	Link Associates
22	Fareway	10151 University, Clive	11	Kevin McCormick	Link Associates
23	Fareway	3205 N. Ankeny Blvd.	2	Rick Beckwith	Amy Tournier
24	Hy-Vee	3330 MLK Blvd.	0	Sailu Timbo	DMARC Staff
25	Hy-Vee	3221 S.E. 14th Street	0	Nate Fehl	Link Associates
26	Cash Saver	4121 Fleur Drive	0	Scott Hornberg	Denny Bradshaw

HUNGER SACKS SOLD IN JULY = 347

TOP TEN STORES FOR \$6 SACKS (6 ITEMS)

- 78 - Hy-Vee, 51st & Mills Civic
- 51 - Brick St. Market, Bondurant
- 29 - Hy-Vee, N. Ankeny Blvd.
- 27 - Hy-Vee, Windsor Heights
- 23 - Hy-Vee, Grand & Railroad *
- 23 - Hy-Vee, 86th & Douglas Ave.*
- 22 - Price Chopper, Beaverdale
- 19 - Fareway, 86th & Meredith Dr.
- 17 - Hy-Vee, Valley West Drive
- 12 - Price Chopper, Merle Hay Rd.
- 10 - Hy-Vee, Fleur Dr. & McKinley

TOP THREE STORES FOR \$12 SACKS (12 ITEMS)

- 21 - Hy-Vee, N. Ankeny Blvd.
- 7 - Price Chopper, Merle Hay
- 3 - Price Chopper, 35th & Ingersoll

** tied for fifth place*

DISCARDED ITEMS, JULY = 3,323

Fareway, Valley Junction Will Goldberg, Store Director Bill Gentsch/DMARC Staff	1,497
Whole Foods, WDSM Michael Durr, Store Team Leader DMARC Warehouse Staff	325 + 1,075 lbs. of produce
Hy-Vee, Jordan Creek Scott James, Store Director Staci Fanning/Heidi Zlab	829
Hy-Vee, Johnston Darin Schoop, Store Director John Young, Johnston Kiwanis	522
Hy-Vee, MLK Sailu Timbo, Store Director DMARC Warehouse Staff	150
Gateway Market, Sherman Hill South Union Bakery Gateway Market Staff	0

FIVE YEAR HISTORY OF DISCARDS & RED BARREL COLLECTIONS

Month	2011	2012	2013	2014	2015	Money
January	7,848	9,826	11,423	8,304	8,811	—
February	9,102	8,599	8,342	8,527	7,991	—
March	9,398	10,876	9,339	10,932	8,012	\$378.75
April	10,837	10,540	10,599	12,262	10,645	\$1,907.80
May	9,580	7,707	8,110	10,943	7,177	\$124.76
June	7,334	8,817	7,532	8,176	5,626	\$35.44
July	7,970	9,544	9,435	6,757	8,516	\$440.23
August	8,848	7,620	7,009	6,877		
September	8,419	6,565	8,506	8,863		
October	13,112	9,357	9,108	10,707		
November	14,267	13,157	11,307	9,997		
December	18,362	12,074	13,079	15,338		
TOTAL	124,638	114,682	113,789	117,683		