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DES MOINES AREA RELIGIOUS COUNCIL RED BARREL NEWS

A Monthly Publication of the DMARC Food Pantry Network

APRIL 2016

BRAIN DEVELOPMENT EXPERT TO SPEAK IN DSM



Des Moines, IA—Dr. Wil Blechman, a rheumatologist who developed a major interest in children's issues as a result of his work with Kiwanis International, will participate in a series of talks and discussions focusing on how brain development and nutrition play a role in a child's well-being and future potential. The series will take place May 31st through the morning of June 2nd and is being organized and coordinated by the Downtown Des Moines Kiwanis Club. Events will include a Wednesday morning session with optional lunch, a Wednesday evening session, and a Thursday morning panel discussion. Registration is free for all events and the optional lunch is \$15.00 for those wishing to stay for it.

Since leaving his medical practice, Dr. Blechman has served as Florida's State Health Officer and as a consultant to the Departments of Health and Children and Families. Dr. Blechman is very interested in recent research on brain development in the preschool child and is part of a team of individuals in Florida who speaks to this issue. He is a past president of Kiwanis International. Sponsors for Dr. Blechman's visit to Iowa include DMARC, Polk County Early Childhood Iowa, The Coalition in Support of Hungry Children, Mid-Iowa Health Foundation, The Midwest Dairy Council, Gusto Pizza Co., and local and regional Kiwanis. For complete information on all the events, topics, and times, please visit www.downtowndesmoineskiwanis.org. Registration should be completed through the website by May 24th to ensure a spot. For questions, contact Diana Sickles at dsickles4@gmail.com. Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time. Founded in Detroit, Michigan in 1915, Kiwanis is an international, coeducational service club. It is headquartered in Indianapolis, Indiana, and can be found in more than 80 nations and geographic areas across the globe.

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VOLUNTEER SPOTLIGHT



Above: Boy Scout Troop #46 of Windsor United Methodist Church held a Hunger Sack drive at the Hy-Vee in Windsor Heights on April 9th. The scouts bagged and sold 160 Hunger Sacks containing 940 food items.

Below: Iowa Wild players Alex Petan and Chase Lang, and mascot Crash, pose with donor Matthew Bolander at their ticket giveaway at the Price Chopper on Ingersoll on April 12th. The Wild collected \$200 in food and money donations in just over an hour.



DMARC Food Pantry Network
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**To volunteer for Sack Saturdays,
sign up online at <http://vols.pt/d9rk2W>
or contact the Red Barrel Coordinator**

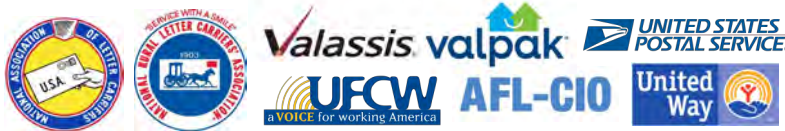


SATURDAY, MAY 14TH 2016



**Put your non-perishable
donation in a bag by
your mailbox.**

They'll deliver it to us!



"Like" us on Facebook: Des Moines Area Religious Council
"Like" our food work on Facebook: Move the Food



Follow us on Twitter: @dmreligious
Follow our food work on Twitter: @MovetheFoodDSM

RED BARREL COLLECTIONS FOR MARCH 2016 = 5,667

Rank	Store	Address	Collected	Store Director	Volunteer Collector
1	Hy-Vee	410 N. Ankeny Blvd., Ankeny	903	Wes Snook	Link Associates
2	Price Chopper	4343 Merle Hay Road	470	Kenny Kane	Johnston Kiwanis
3	Hy-Vee	4707 Fleur Drive	454	Jamie Stephens	Denny Bradshaw
4	Hy-Vee	7101 University Ave.	441	Matt Heldenbrand	Chris Burch
5	Hy-Vee	550 S. 51st Street, WDM	360	Mark Luke	Harlan Thomas
6	Price Chopper	3425 Ingersoll Ave.	350	Scott Benter	Downtown Kiwanis
7	Price Chopper	1819 Beaver Ave.	342	Tom Day	Golden K Kiwanis
8	Hy-Vee	8601 Douglas Ave.	326	Scott James	Urbandale Kiwanis
9	Price Chopper	5440 N.W. 86th, Johnston	272	Joe McDonald	Johnston Kiwanis
10	Hy-Vee	1990 Grand, WDM	265	Kim Cole	Chris Burch
11	Hy-Vee	5759 Merle Hay Rd, Johnston	229	Darin Schoop	Johnston Kiwanis
12	Brick St. Market	114 Brick Street SE, Bondurant	209	Reenie Hogan	Connie Richards
13	Fareway	8450 Meredith Drive	167	Dave Eisentrager	Urbandale Kiwanis
14	Hy-Vee	1107 Army Post Road	153	Steve Deutmeyer	Denny Bradshaw
15	Fareway	100 E. Euclid Ave.	142	Nick Greiner	Link Associates
16	Fareway	109 S.E. Oralabor, Ankeny	134	Doug Haugland	Link Associates
17	Hy-Vee	1700 35th Street, WDM	119	Brian Bieker	NW Kiwanis
18	Hy-Vee	3330 MLK Blvd.	101	Sailu Timbo	DMARC Staff
19	Hy-Vee	1725 Jordan Creek, WDM	74	Jason Sheridan	Bob and Jan Schulte
20	Fareway	329 Grand Ave., WDM	51	Wil Goldberg	DMARC Staff
21	Fareway	10151 University, Clive	38	Kevin McCormick	Link Associates
22	Fareway	3000 S.E. 22nd Street	29	Todd Hynes	Link Associates
23	Cash Saver	4121 Fleur Drive	22	Scott Hornberg	Denny Bradshaw
24	Hy-Vee	3221 S.E. 14th Street	16	Dan Anderson	Link Associates
25	Fareway	3205 N. Ankeny Blvd.	0	Rick Beckwith	Amy Tournier

HUNGER SACKS SOLD IN MAR. = 400

TOP TEN STORES FOR \$6 SACKS (6 ITEMS)

- 54 - Hy-Vee, N. Ankeny Boulevard
- 45 - Hy-Vee, Fleur Drive & McKinley
- 43 - Price Chopper, Beaverdale
- 38 - Hy-Vee, Windsor Heights
- 31 - Hy-Vee, 86th & Douglas Avenue
- 29 - Price Chopper, 35th & Ingersoll
- 26 - Brick Street Market, Bondurant
- 24 - Price Chopper, Merle Hay Road
- 23 - Hy-Vee, Grand & Railroad
- 20 - Fareway, 86th & Meredith Drive

TOP STORE FOR \$12 SACKS (12 ITEMS)

- 35 - Hy-Vee, N. Ankeny Boulevard

DISCARDED FOOD, MAR. = 2,647

Gateway Market, Sherman Hill South Union Bakery Gateway Market Staff	1,219 food items + 18.8 lbs./produce
Hy-Vee, Johnston Darin Schoop, Store Director John Young, Johnston Kiwanis	708 food items
Hy-Vee, Jordan Creek Jason Sheridan, Store Director Staci Fanning/Heidi Zlab	514 food items
Whole Foods, WDSM Michael Durr, Store Team Leader DMARC Warehouse Staff	206 food items + 90 lbs./produce

FIVE YEAR HISTORY OF DISCARDS & RED BARREL COLLECTIONS

Month	2012	2013	2014	2015	2016	Money
January	9,826	11,423	8,304	8,811	9,093	\$229.91
February	8,599	8,342	8,527	7,991	7,396	\$143.97
March	10,876	9,339	10,932	8,012	8,314	\$97.25
April	10,540	10,599	12,262	10,622		
May	7,707	8,110	10,943	7,210		
June	8,817	7,532	8,176	5,626		
July	9,544	9,435	6,757	8,516		
August	7,620	7,009	6,877	7,700		
September	6,565	8,506	8,863	8,602		
October	9,357	9,108	10,707	9,475		
November	13,157	11,307	9,997	7,573		
December	12,074	13,079	15,338	9,766		
TOTAL	114,682	113,789	117,683	99,904		