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# DES MOINES AREA RELIGIOUS COUNCIL RED BARREL NEWS

A Monthly Publication of the DMARC Food Pantry Network SEPTEMBER 2016

## DSM GIRL GANG HOSTS “RED ALERT” DRIVE



**Des Moines, IA**—Members of the Des Moines Girl Gang (a female-driven community art collective) have teamed up with several local agencies, including the DMARC Food Pantry Network, to collect feminine hygiene products for women in need

throughout the month of September. The drive, which is in its inaugural phase, is being called **Red Alert: A Period Project** and is aimed at removing the stigma of talking about tampons and pads, and addressing the needs of those less fortunate in the community. In America, one out of every three women lives at or near the poverty level. On average, a woman needs about 250 tampons or pads each year, but many lack access to these basic care items. Infrequent changing of tampons or pads is unhealthy, unsanitary and unsafe. So the collective decided to do something about it. Their goal this year is to collect 25,000 tampons and pads by the end of the month. DMARC is helping in this regard by using their Red Barrel locations as drops sites throughout the duration of the drive. Their hope is to make a positive impact in the lives of hundreds of women living in the Des Moines Area. In addition to DMARC, the girls are working with Youth Emergency Services & Shelter, the Young Women’s Resource Center, and House of Mercy to provide them with as many donated items as possible. More information on what specific products are needed and how you can help is available through the Girl Gang’s website at <http://www.girlgangcollective.org/>

## VOLUNTEER SPOTLIGHT



**West Des Moines, IA**—Members of Faith Lutheran Church in Clive got together after morning services on Sunday, September 11th and collected over \$750.00 worth of food, money, and personal care items at the West Lakes Hy-Vee located on the corner of Jordan Creek Parkway and University Avenue.

## Did You Know...

Squashes are one of the oldest known crops—10,000 years by some estimates of sites in Mexico. The name Squash comes from the Narragansett Native American word **Askutasquash** meaning "eaten raw or uncooked."



## NEWS FROM THE COORDINATOR’S DESK



September has been a busy month for the DMARC Food Pantry Network! In addition to the Red Alert Drive (that you can read about above) we’ve had two other promotions going on. Thanks to a long-standing partnership with Hy-Vee, the Colossal Cookie Sale is continuing into its 14th year of cookie sales in Des Moines area stores. We’re hoping this year will finally put us over the 10 million mark of cookies sold. The sale runs through midnight on Saturday, September 17th. Also, running through the end of the month is a brand new promotion. Thanks to our next-door neighbors at Exile Brewing Company and the folks at Dolls Distributing, a small portion of all Exile-brand Oktoberfest beer sold through Des Moines area Hy-Vee stores in the month of September will be donated to DMARC. For every case of Oktoberfest they sell, two meals will be donated to the Food Pantry Network. — JR

# Make A Difference Day

Made possible by you and the people of **TEGNA**

One day CAN make a difference.

Join us on **Saturday, October 22, 2016 from 10:00 a.m. to 2:00 p.m.** and help improve the lives of others by collecting for the DMARC Food Pantry Network. Volunteers are needed to solicit donations in the form of food and money at one or more of DMARC’s Red Barrel locations.

Register online through SignUp.com: <http://vols.pt/d9rk2W>

Or call the Red Barrel Coordinator at 515-277-6969 ext. 18



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"Like" our food work on Facebook: Move the Food



Follow us on Twitter: @dmreligious  
Follow our food work on Twitter: @MovetheFoodDSM

**DMARC Food Pantry Network**  
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Food Pantry Director Rebecca Whitlow  
Food Pantry Warehouse: (515) 282-2026  
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## RED BARREL COLLECTIONS FOR AUGUST 2016 = 4,671

Rank	Store	Address	Collected	Store Director	Volunteer Collector
1	Hy-Vee	410 N. Ankeny Blvd., Ankeny	614	Wes Snook	Link Associates
2	Hy-Vee	1990 Grand, WDM	485	Kim Cole	Chris Burch
3	Hy-Vee	550 S. 51st Street, WDM	452	Mark Luke	Harlan Thomas
4	Hy-Vee	8601 Douglas Ave.	341	Scott James	Urbandale Kiwanis
5	Hy-Vee	7101 University Ave.	302	Matt Heldenbrand	Chris Burch
6	Price Chopper	3425 Ingersoll Ave.	291	Scott Benter	Downtown Kiwanis
7	Hy-Vee	3330 MLK Blvd.	284	Sailu Timbo	DMARC Staff
8	Price Chopper	1819 Beaver Ave.	283	Tom Day	Golden K Kiwanis
9	Hy-Vee	4707 Fleur Drive	279	Jamie Stephens	Link Associates
10	Fareway	100 E. Euclid Ave.	235	Nick Greiner	Link Associates
11	Brick St. Market	114 Brick Street SE, Bondurant	171	Reenie Hogan	Connie Richards
12	Fareway	8450 Meredith Drive	158	Dave Eisentrager	Urbandale Kiwanis
13	Hy-Vee	1700 35th Street, WDM	155	Brian Bieker	NW Kiwanis
14	Hy-Vee	1107 Army Post Road	150	Steve Deutmeyer	Link Associates
15	Hy-Vee	1725 Jordan Creek, WDM	130	Jason Sheridan	Bob & Jan Schulte
16	Hy-Vee	5759 Merle Hay Rd, Johnston	109	Darin Schoop	Johnston Kiwanis
17	Fareway	109 S.E. Oralabor, Ankeny	71	Doug Haugland	Link Associates
18	Fareway	329 Grand Ave., WDM	65	Wil Goldberg	Link Associates
19	Price Chopper	4343 Merle Hay Road	57	Chris Mathias	Johnston Kiwanis
20	Price Chopper	5440 N.W. 86th, Johnston	32	Joe McDonald	Johnston Kiwanis
21	Cash Saver	4121 Fleur Drive	6	Scott Hornberg	Link Associates
22	Fareway	3205 N. Ankeny Blvd.	1	Rick Beckwith	DMARC Staff
23	Fareway	10151 University, Clive	0	Kevin McCormick	Link Associates
24	Fareway	3000 S.E. 22nd Street	0	Todd Hynes	Link Associates
25	Hy-Vee	3221 S.E. 14th Street	0	Dan Anderson	Link Associates

## HUNGER SACKS SOLD IN AUGUST = 376

### TOP 10 STORES FOR \$6 SACKS (6 ITEMS)

- 61 - Hy-Vee, S. 51st & Mills Civic Pkwy
- 58 - Price Chopper, Beaverdale
- 47 - Hy-Vee, Grand Avenue & Railroad
- 38 - Hy-Vee, Windsor Heights
- 31 - Hy-Vee, Fleur Drive & McKinley
- 30 - Hy-Vee, N. Ankeny Boulevard
- 28 - Brick Street Market, Bondurant
- 21 - Hy-Vee, 86th & Douglas Avenue
- 20 - Fareway, 86th & Meredith Drive
- 4 - Price Chopper, Merle Hay Road \*
- 4 - Price Chopper, 35th & Ingersoll \*

### TOP STORE FOR \$12 SACKS (12 ITEMS)

- 29 - Hy-Vee, N. Ankeny Boulevard

*\* tied for tenth place*

## DISCARDED FOOD, AUG. = 2,331

Whole Foods, WDSM                      713 food items,  
Michael Durr, Team Leader            588 lbs./produce,  
DMARC Warehouse Staff            + 175 lbs./meat

Hy-Vee, Johnston  
Darin Schoop, Director                832 food items  
John Young/Johnston Kiwanis

Gateway Market  
South Union Bakery                      718 food items  
Gateway Market Staff

Hy-Vee, Jordan Creek  
Jason Sheridan, Director                68 food items  
Staci Fanning/Heidi Zlab

## FIVE YEAR HISTORY OF DISCARDS & RED BARREL COLLECTIONS

Month	2012	2013	2014	2015	2016	Money
January	9,826	11,423	8,304	8,811	9,093	\$229.91
February	8,599	8,342	8,527	7,991	7,396	\$143.97
March	10,876	9,339	10,932	8,012	8,314	\$97.25
April	10,540	10,599	12,262	10,622	11,027	\$1,148.49
May	7,707	8,110	10,943	7,210	8,586	—
June	8,817	7,532	8,176	5,626	8,253	\$30.50
July	9,544	9,435	6,757	8,516	7,105	\$0.65
August	7,620	7,009	6,877	7,700	7,002	\$220.00
September	6,565	8,506	8,863	8,602		
October	9,357	9,108	10,707	9,475		
November	13,157	11,307	9,997	7,573		
December	12,074	13,079	15,338	9,766		
<b>TOTAL</b>	<b>114,682</b>	<b>113,789</b>	<b>117,683</b>	<b>99,904</b>		