

# DMARC MOBILE FOOD PANTRY

# MAY 2018

**Canterbury Heights**  
755 NE 56th Street  
Pleasant Hill, IA 50327  
**515-262-7670**

**Union Baptist Church**  
1200 McCormick Street  
Des Moines, IA 50316  
**515-262-1785**

**The Crest at Baker Creek**  
4560 Hubbell Avenue  
Des Moines, IA 50317

**DART Central Station**  
620 Cherry Street  
Des Moines, IA 50309  
**515-283-8100**

**DMACC Urban Campus**  
1100 7th Street  
Des Moines, IA 50310  
**515-244-4226**

**Deer Ridge Apartments**  
6009 Creston Avenue  
Des Moines, IA 50321  
**515-244-8222**

**Highland Park Lutheran Church**  
147 East Euclid Avenue  
Des Moines, IA 50313  
**515-244-6517**

**Hilltop Apartments**  
3720 E Douglas Avenue  
Des Moines, IA 50317

**Levitt Boys & Girls Club**  
Carver Elementary  
705 E University Ave #100  
Des Moines, IA 50316  
**515-248-8418**

**Lutheran Church of the Good Shepherd**  
3820 SW 9th Street  
Des Moines, IA 50315  
**515-282-9948**

**Norwoodville Senior Center**  
3077 NE 46th Avenue  
Des Moines, IA 50315  
**515-266-5794**

**South Suburban YMCA**  
401 E Army Post Road  
Des Moines, IA 50315  
**515-285-0444**

## TUESDAY

## WEDNESDAY

## THURSDAY

MONDAY		1	2	3
		<b>9:30-11:30AM</b> Lutheran Church of the Good Shepherd AM	<b>10AM-12PM</b> Norwoodville Senior Center AM	<b>9:30-11:30AM</b> Highland Park Lutheran Church AM
			<b>2:30-4:30PM</b> South Suburban YMCA PM	<b>4-6PM</b> DART Central Station PM
<b>7</b>	<b>8</b>	<b>12-2PM</b> Hilltop Apartments AM	<b>10AM-12PM</b> Norwoodville Senior Center AM	<b>12-2PM</b> Union Baptist Church AM
		<b>4-6PM</b> Deer Ridge Apartments PM	<b>2:30-4:30PM</b> South Suburban YMCA PM	<b>4-6PM</b> The Crest at Baker Creek PM
<b>14</b>	<b>15</b>	<b>9:30-11:30AM</b> Lutheran Church of the Good Shepherd AM	<b>10AM-12PM</b> Norwoodville Senior Center AM	<b>9:30-11:30AM</b> Highland Park Lutheran Church AM
		<b>4-6PM</b> Canterbury Heights PM	<b>2:30-4:30PM</b> South Suburban YMCA PM	<b>4-6PM</b> DART Central Station PM
<b>21</b>	<b>22</b>	<b>12-2PM</b> DMACC Urban Campus AM	<b>10AM-12PM</b> Norwoodville Senior Center AM	<b>12-2PM</b> Union Baptist Church AM
		<b>4-6PM</b> Deer Ridge Apartments PM	<b>2:30-4:30PM</b> South Suburban YMCA PM	<b>4-6PM</b> The Crest at Baker Creek PM
<b>28</b>	<b>29</b>		<b>10AM-12PM</b> Norwoodville Senior Center AM	<b>31</b>
		<b>4-6PM</b> Canterbury Heights PM	<b>2:30-4:30PM</b> South Suburban YMCA PM	



Last updated 4/10/2018.



# DMARC MOBILE FOOD PANTRY

## WHAT CAN I RECEIVE?

- Once per calendar month, you may receive a 3-day supply of food, measured by family size.
- Our food follows a healthy food guideline.
- Select which food items you want with our choice pantry service model.
- Daily food items are available to anyone, any time the pantry is open.

## HOW DO I GET HELP?

- There are no income requirements.
- Bring a photo ID for every adult member of your household, and some other form of ID for all children in the household.
- At the mobile food pantry, you will go through a short intake process.

## VOLUNTEER WITH THE MOBILE FOOD PANTRY

Volunteering with the DMARC Mobile Food Pantry is just like helping a friend shop for groceries! As a Mobile Food Pantry volunteer, you will meet at the mobile site and assist clients in selecting their food items after they have gone through intake. If interested, please sign up online at [dmarcunited.org/food/mobile/](http://dmarcunited.org/food/mobile/) or contact Joe Dolack at [jdolack@dmarcunited.org](mailto:jdolack@dmarcunited.org).



[www.dmarcunited.org/food/mobile](http://www.dmarcunited.org/food/mobile)

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