The DMARC Food Pantry Network, established in 1976, consists of 14 partner pantry sites, 15 Mobile Food Pantry sites, two food warehouses, and numerous community partners. It is the largest and oldest food pantry system in Iowa. Pantry sites are located in West Des Moines, Ankeny, Johnston, Clive and Urbandale, with eight sites in Des Moines.

Once per calendar month, families can receive a free, three-day supply of nutritionally balanced food. It’s not enough for us to just fill stomachs, we want to provide nourishing food to those we serve. Families can also receive additional ‘Anytime Items’ every day at pantries. DMARC serves 16,000-17,000 individuals every month—60% of whom are children, youth and older adults.

**How You Can Help**

**Donate Funds**
DMARC works with a number of food wholesalers to find the best deals. With our purchasing power, we are able to buy anywhere from 2-6 times the amount of food you could in the grocery store with the same dollar. So, if you want to do more with your dollar, consider donating funds to our Food Pantry Network!
[dmarcunited.org/donate/donate-online](http://dmarcunited.org/donate/donate-online)

**Donate Food**
In-kind food donations through food drives and our Red Barrel program are still very important to DMARC’s work. When donating food, please use our “Most Needed Items” list to make sure you’re donating items that meet our healthy food guidelines. And if you’re not sure about something, look for items to donate that are low in sugar, fat and salt.
[dmarcunited.org/food/most-needed-items](http://dmarcunited.org/food/most-needed-items)

**Volunteer**
We have all sorts of volunteer opportunities for both groups and individuals! Visit [www.dmarcunited.org/volunteer](http://www.dmarcunited.org/volunteer) for more details on how you can contribute your time and talents.

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In 2017, the total support from DMARC for Salvation Army Temple was valued at $37,158*.

TOTAL DOLLAR VALUE PROVIDED BY DMARC

DMARC provided Salvation Army Temple with 26,468 non-perishable food items with a wholesale value of $14,822 and $2,930 worth of produce for distribution through our three-day monthly supply of food, a total value of $17,752.

Additional food items provided, including extra non-perishable items, frozen meat, and dairy products, were valued at $7,396.

Personal care products, toilet paper, diapers, and other non-food items provided by DMARC to Salvation Army Temple were valued at $2,169.

The cost of DMARC overhead attributed to Salvation Army Temple had a value of $9,841. This includes staff, transportation, and technical expenses to support the pantry.

*this number does not include most AnyTime items such as bread products, additional donated produce, and food rescue items

For more information on DMARC support for partner pantries in 2017, please visit dmarcunited.org/food/partner-support.