



Despensa Móvil de Alimentos

FEBRERO 2019



LUNES

MARTES

MIERCOLES

JUEVES

<p>4</p> <p>12-2pm Oakridge Neighborhood 4-6pm Deer Ridge Apartments 4-6pm Park View Village</p>	<p>5</p> <p>9:30-11:30am Church of the Good Shepherd 4-6pm The Crest at Baker Creek 4-6pm Parkside East</p>	<p>6</p> <p>10am-12pm Norwoodville Senior Center 2:30-4:30pm South Suburban YMCA</p>	<p>7</p> <p>9:30-11:30am Highland Park Lutheran 1:30-3:30pm River Woods Elementary 4-6pm DART Central Station</p>
<p>11</p> <p>12-2pm Northwest Community Center 12-2pm Oakridge Neighborhood 4-6pm Canterbury Heights 4-6pm Chapel Ridge West</p>	<p>12</p> <p>12-2pm Hilltop Apartments 2-4pm EveryStep Bright Kavanaugh Center 4-6pm Levitt B&G Club (Carver) 4-6pm Our Lady of the Americas</p>	<p>13</p> <p>9:30-11:30am PHC East Side Clinic 10am-12pm Norwoodville Senior Center 2:30-4:30pm South Suburban YMCA 4-6pm Johnston Public Library</p>	<p>14</p> <p>10am-12pm Union Baptist Church 4-6pm DART Central Station</p>
<p>18</p> <p>12-2pm Oakridge Neighborhood 4-6pm Deer Ridge Apartments 4-6pm Park View Village</p>	<p>19</p> <p>9:30-11:30am Church of the Good Shepherd 4-6pm The Crest at Baker Creek 4-6pm Parkside East</p>	<p>20</p> <p>9:30-11:30am PHC East Side Clinic 10am-12pm Norwoodville Senior Center 2:30-4:30pm South Suburban YMCA</p>	<p>21</p> <p>9:30-11:30am Highland Park Lutheran 1:30-3:30pm River Woods Elementary 4-6pm DART Central Station</p>
<p>25</p> <p>12-2pm Northwest Community Center 12-2pm Oakridge Neighborhood 4-6pm Canterbury Heights 4-6pm Chapel Ridge West</p>	<p>26</p> <p>12-2pm DMACC Urban Campus 2-4pm EveryStep Bright Kavanaugh Center 4-6pm Levitt B&G Club (Carver) 4-6pm Our Lady of the Americas</p>	<p>27</p> <p>9:30-11:30am PHC East Side Clinic 10am-12pm Norwoodville Senior Center 2:30-4:30pm South Suburban YMCA 4-6pm Johnston Public Library</p>	<p>28</p> <p>10am-12pm Union Baptist Church 4-6pm DART Central Station</p>

Canterbury Heights

755 NE 56th Street
Pleasant Hill, IA 50327
(515) 262-7670

Chapel Ridge West

210 S 41st Street
West Des Moines, IA 50265
(515) 225-4747

The Crest at Baker Creek

4560 Hubbell Avenue
Des Moines, IA 50317

DART Central Station

620 Cherry Street
Des Moines, IA 50309
(515) 283-8100

DMACC Urban Campus

1100 7th Street
Des Moines, IA 50310
(515) 244-4226

Deer Ridge Apartments

6009 Creston Avenue
Des Moines, IA 50321
(515) 244-8222

**EveryStep Bright
Kavanagh Center**

3000 Easton Boulevard
Des Moines, IA 50317
(515) 274-3400

**Highland Park
Lutheran Church**

147 East Euclid Avenue
Des Moines, IA 50313
(515) 244-6517

Hilltop Apartments

3720 E Douglas Avenue
Des Moines, IA 50317

Johnston Public Library

6700 Merle Hay Road
Johnston, IA 50131
(515) 278-5233

Levitt Boys & Girls Club

Carver Elementary
705 E University Ave #100
Des Moines, IA 50316
(515) 248-8418

**Lutheran Church of
the Good Shepherd**

3820 SW 9th Street
Des Moines, IA 50315
(515) 282-9948

**Northwest
Community Center**

5110 Franklin Avenue
Des Moines, IA 50310
(515) 279-2767

**Norwoodville
Senior Center**

3077 NE 46th Avenue
Des Moines, IA 50315
(515) 266-5794

Oakridge Neighborhood

1401 Center Street
Des Moines, IA 50309
(515) 244-7702

Our Lady of the Americas

1271 E 9th Street
Des Moines, IA 50316
(515) 266-6695

Park View Village

1900 SE 28th Street
Grimes, IA 50111
(515) 986-3324

Parkside East

3560 E Douglas Avenue
Des Moines, IA 50317
(515) 264-0055

**Primary Health Care
(PHC) East Side Clinic**

3509 E 29th Street
Des Moines, IA 50317
(515) 248-1600

River Woods Elementary

2929 SE 22nd Street
Des Moines, IA 50320
(515) 242-8433

South Suburban YMCA

401 E Army Post Road
Des Moines, IA 50315
(515) 285-0444

Union Baptist Church

1200 McCormick Street
Des Moines, IA 50316
(515) 262-1785



¿QUÉ PUEDO RECIBIR?

- Una vez por mes, puede recibir un suministro de 3 días de alimentos, basado en el tamaño de la familia.
- Seleccione los alimentos que desea con nuestro servicio de despensa.
- Los alimentos diarios están disponibles para cualquier persona, siempre que la despensa esté abierta.

¿CÓMO PUEDO CONSEGUIR AYUDA?

- There are no income requirements.
- Bring a photo ID for every adult member of your household, and some other form of ID for all children in the household.
- At the mobile food pantry, you will go through a short intake process.

¿PREGUNTAS?

Contacta a Joe Dolack a jdolack@dmarcunited.org o **(515) 318-9228**.

dmarcunited.org/food/mobile

Esta institución es un proveedor que ofrece igualdad de oportunidades.