


## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

|   |  |   |  |
|---|--|---|--|
| <b>2</b><br>11am-1pm Deer Ridge                       | <b>3</b><br>11am-1pm Eastside SC<br>4-6pm Parkside East<br>4-6pm Merle Hay Mall  | <b>4</b><br>9:30-11:30am PHC East<br>10am-12pm Norwoodville<br>2-4pm Oakridge<br>2:30-4:30pm 100 Army Post Road             | <b>5</b><br>11am-1pm Southside SC<br>4-6pm DART Central Station  |
| <b>9</b><br>11am-1pm Northwest CC<br>12-2pm Oakridge  | <b>10</b><br>11am-1pm Pioneer CRC<br>4-6pm OLOA<br>4-6pm Merle Hay Mall          | <b>11</b><br>9:30-11:30am PHC East<br>10am-12pm Norwoodville<br>2-4pm CareMore Health<br>2:30-4:30pm 100 Army Post Road     | <b>12</b><br>11am-1pm Upper Nile<br>12-2pm Lyn Crossing<br>4-6pm Highland Park<br>4-6pm DART Central Station |
| <b>16</b><br>11am-1pm Deer Ridge                      | <b>17</b><br>11am-1pm Eastside SC<br>4-6pm Parkside East<br>4-6pm Merle Hay Mall | <b>18</b><br>9:30-11:30am PHC East<br>10am-12pm Norwoodville<br>2-4pm Oakridge<br>2:30-4:30pm 100 Army Post Road            | <b>19</b><br>11am-1pm Southside SC<br>4-6pm DART Central Station<br>4-6pm Chapel Ridge West                  |
| <b>23</b><br>11am-1pm Northwest CC<br>12-2pm Oakridge | <b>24</b><br>11am-1pm Fourmile CRC<br>4-6pm OLOA<br>4-6pm Merle Hay Mall         | <b>25</b><br>9:30-11:30am PHC East<br>10am-12pm Norwoodville<br>2-4pm CareMore Health<br>2:30-4:30pm 100 Army Post Road     | <b>26</b>  |
| <b>30</b><br><b>CLOSED FOR HOLIDAY</b>                | <b>31</b><br>4-6pm Merle Hay Mall  |  <b>May 2022</b><br>MOBILE FOOD PANTRY |  |

1st & 3rd Saturday (May 7 & 21): 10am-12pm at Corinthian Baptist Church

**CareMore Health**

1530 E Euclid Ave  
Des Moines, IA 50313  
(515) 989-6001

**Chapel Ridge West**

210 S 31st Street  
West Des Moines, IA 50265  
(515) 225-4747

**Corinthian Baptist Church**

814 School Street  
Des Moines, IA 50309  
(515) 243-4073

**DART Central Station**

620 Cherry Street  
Des Moines, IA 50309  
(515) 283-8100

**Deer Ridge Apartments**

6009 Creston Avenue  
Des Moines, IA 50321  
(515) 244-8222

**DMARC**

100 Army Post Road  
Des Moines, IA 50315  
(515) 277-6969

**Eastside Senior Center**

1231 E 26th Street  
Des Moines, IA 50317  
(515) 265-8461

**Fourmile Community  
Recreation Center**

3711 Easton Blvd  
Des Moines, IA 50317  
(515) 248-6315

**Highland Park  
Christian Church**

4260 NW 6th Drive  
Des Moines, IA 50313  
(515) 244-3182

**Lyn Crossing Apartments**

2000 Meadow Chase Lane  
Des Moines, IA 50320  
(515) 953-0012

**Merle Hay Mall  
(Applebee's)**

3900 Merle Hay Rd  
Des Moines, IA 50310  
(515) 276-8551

**Northwest**

**Community Center**  
5110 Franklin Avenue  
Des Moines, IA 50310  
(515) 279-2767

**Norwoodville  
Senior Center**

3077 NE 46th Avenue  
Des Moines, IA 50317  
(515) 266-5794

**Oakridge Neighborhood**

1401 Center Street  
Des Moines, IA 50309  
(515) 244-7702

**Our Lady of the Americas**

1271 E 9th Street  
Des Moines, IA 50316  
(515) 266-6695

**Parkside East**

3560 E Douglas Avenue  
Des Moines, IA 50317  
(515) 264-0055

**Pioneer Columbus  
Community  
Recreation Center**

2100 SE 5th Street  
Des Moines, IA 50315  
(515) 248-6316

**Primary Health Care  
East Side Clinic**

3509 E 29th Street  
Des Moines, IA 50317  
(515) 248-1600

**South Side  
Senior Center**

100 Payton Ave  
Des Moines, IA 50315  
(515) 287-0092

**United Upper Nile**

3424 Forest Avenue  
Des Moines, IA 50311

**QUESTIONS?**

Contact Joe Dolack at  
jdolack@dmarcunited.org or (515) 318-9228.

[dmarcunited.org/food/mobile](https://dmarcunited.org/food/mobile)

*This institution is an equal opportunity provider.*

