


LUNES

MARTES

MIÉRCOLES

JUEVES

2 11am-1pm Deer Ridge	3 11am-1pm Eastside SC 4-6pm Parkside East 4-6pm Merle Hay Mall	4 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm 100 Army Post Road	5 11am-1pm Southside SC 4-6pm DART Central Station
9 11am-1pm Northwest CC 12-2pm Oakridge	10 11am-1pm Pioneer CRC 4-6pm OLOA 4-6pm Merle Hay Mall	11 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm 100 Army Post Road	12 11am-1pm Upper Nile 12-2pm Lyn Crossing 4-6pm Highland Park 4-6pm DART Central Station
16 11am-1pm Deer Ridge	17 11am-1pm Eastside SC 4-6pm Parkside East 4-6pm Merle Hay Mall	18 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm Oakridge 2:30-4:30pm 100 Army Post Road	19 11am-1pm Southside SC 4-6pm DART Central Station 4-6pm Chapel Ridge West
23 11am-1pm Northwest CC 12-2pm Oakridge	24 11am-1pm Fourmile CRC 4-6pm OLOA 4-6pm Merle Hay Mall	25 9:30-11:30am PHC East 10am-12pm Norwoodville 2-4pm CareMore Health 2:30-4:30pm 100 Army Post Road	26
30 CERRADO POR LAS FIESTAS	31 4-6pm Merle Hay Mall	 Mayo 2022 Despensa Móvil de Alimentos	

primeros y terceros SÁBADOS (Mayo 7 y 21): 10am-12pm a Corinthian Baptist Church

CareMore Health

1530 E Euclid Ave
Des Moines, IA 50313
(515) 989-6001

Chapel Ridge West

210 S 31st Street
West Des Moines, IA 50265
(515) 225-4747

Corinthian Baptist Church

814 School Street
Des Moines, IA 50309
(515) 243-4073

DART Central Station

620 Cherry Street
Des Moines, IA 50309
(515) 283-8100

Deer Ridge Apartments

6009 Creston Avenue
Des Moines, IA 50321
(515) 244-8222

DMARC

100 Army Post Road
Des Moines, IA 50315
(515) 277-6969

Eastside Senior Center

1231 E 26th Street
Des Moines, IA 50317
(515) 265-8461

**Fourmile Community
Recreation Center**

3711 Easton Blvd
Des Moines, IA 50317
(515) 248-6315

**Highland Park
Christian Church**

4260 NW 6th Drive
Des Moines, IA 50313
(515) 244-3182

Lyn Crossing Apartments

2000 Meadow Chase Lane
Des Moines, IA 50320
(515) 953-0012

**Merle Hay Mall
(Applebee's)**

3900 Merle Hay Rd
Des Moines, IA 50310
(515) 276-8551

Northwest

Community Center
5110 Franklin Avenue
Des Moines, IA 50310
(515) 279-2767

**Norwoodville
Senior Center**

3077 NE 46th Avenue
Des Moines, IA 50317
(515) 266-5794

Oakridge Neighborhood

1401 Center Street
Des Moines, IA 50309
(515) 244-7702

Our Lady of the Americas

1271 E 9th Street
Des Moines, IA 50316
(515) 266-6695

Parkside East

3560 E Douglas Avenue
Des Moines, IA 50317
(515) 264-0055

**Pioneer Columbus
Community
Recreation Center**

2100 SE 5th Street
Des Moines, IA 50315
(515) 248-6316

**Primary Health Care
East Side Clinic**

3509 E 29th Street
Des Moines, IA 50317
(515) 248-1600

**South Side
Senior Center**

100 Payton Ave
Des Moines, IA 50315
(515) 287-0092

United Upper Nile

3424 Forest Avenue
Des Moines, IA 50311

**¿PREGUNTAS?**

Contacta a Joe Dolack a
jdolack@dmarcunited.org o (515) 318-9228.

dmarcunited.org/food/mobile

*Esta institución es un proveedor que ofrece
igualdad de oportunidades.*

