


## LUNES

## MARTES

## MIERCOLES

## JUEVES

<b>30</b>	<b>31</b>	<b>1</b> 10am-12pm Norwoodville 2-4pm Oakridge	<b>2</b> 11am-1pm Southside SC 4-6pm DART Central Station
<b>6</b>	<b>7</b> 11am-1pm Eastside SC 4-6pm Merle Hay Mall	<b>8</b> 9:30-11:30am PHC East 2-4pm CareMore Health	<b>9</b> 11am-1pm Northwest CC 4-6pm DART Central Station
<b>13</b> 2-4pm Hiatt Middle School	<b>14</b> 11am-1pm Pioneer CRC 4-6pm Orchard Place - PACE	<b>15</b> 10am-12pm Norwoodville 2-4pm Oakridge	<b>16</b> 11am-1pm Southside SC 4-6pm DART Central Station
<b>20</b> <b>Cerrada por vacaciones</b>	<b>21</b> 11am-1pm Eastside SC 4-6pm Orchard Place - PACE	<b>22</b> 9:30-11:30am PHC East 2-4pm CareMore Health	<b>23</b> 11am-1pm Northwest CC 4-6pm DART Central Station
<b>27</b> 2-4pm Hiatt Middle School	<b>28</b> 11am-1pm Fourmile CRC 4-6pm Merle Hay Mall	 <b>Febrero 2023</b> Despensa Móvil de Alimentos	

tercero SÁBADO (18 de febrero): 10am-12pm a Corinthian Baptist Church

**CareMore Health**  
1530 E Euclid Ave  
Des Moines, IA 50313  
**(515) 989-6001**

**Corinthian Baptist Church**  
814 School Street  
Des Moines, IA 50309  
**(515) 243-4073**

**DART Central Station**  
620 Cherry Street  
Des Moines, IA 50309  
**(515) 283-8100**

**East Side  
Senior Center**  
1231 E 26th Street  
Des Moines, IA 50317  
**(515) 265-8461**

**Fourmile Community  
Recreation Center**  
3711 Easton Blvd  
Des Moines, IA 50317  
**(515) 248-6315**

**Hiatt Middle School**  
1214 E 15th Street  
Des Moines, IA 50316  
**(515) 242-7774**

**Merle Hay Mall  
(Applebee's)**  
3900 Merle Hay Rd  
Des Moines, IA 50310  
**(515) 276-8551**

**Northwest  
Community Center**  
5110 Franklin Avenue  
Des Moines, IA 50310  
**(515) 279-2767**

**Norwoodville  
Senior Center**  
3077 NE 46th Avenue  
Des Moines, IA 50317  
**(515) 266-5794**

**Oakridge Neighborhood**  
1401 Center Street  
Des Moines, IA 50309  
**(515) 244-7702**

**Orchard Place - PACE**  
620 8th Street  
Des Moines, IA 50309  
**(515) 697-5700**

**Pioneer Columbus  
Community  
Recreation Center**  
2100 SE 5th Street  
Des Moines, IA 50315  
**(515) 248-6316**

**Primary Health Care  
East Side Clinic**  
3509 E 29th Street  
Des Moines, IA 50317  
**(515) 248-1600**

**South Side  
Senior Center**  
100 Payton Ave  
Des Moines, IA 50315  
**(515) 287-0092**



## ¿PREGUNTAS?

Contacta a Joe Dolack a [jdolack@dmarcunited.org](mailto:jdolack@dmarcunited.org) o (515) 318-9228.

**[dmarcunited.org/food/mobile](https://dmarcunited.org/food/mobile)**

*Esta institución es un proveedor que ofrece igualdad de oportunidades.*

