

## Working together to meet basic human needs for the greater Des Moines community.

The DMARC Food Pantry Network, established in 1976, consists of 15 network pantry sites, numerous mobile food pantry sites, a no-contact delivery service, and numerous community partners. It is the largest and oldest food pantry system in Iowa. Pantry sites are located in West Des Moines, Ankeny, Johnston, Clive and Urbandale, with ten sites in Des Moines.

Once per calendar month, families can receive a free, three-day supply of nutritionally balanced food. It's not enough for us to just fill stomachs, we want to provide nourishing food to those we assist. Families can also receive additional 'Anytime Items' every day at pantries.

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# 53,077 unique individuals

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## How You Can Help

give time. give funds. give food.

There are lots of ways throughout the year to support our food pantry network through your time, talent and treasure. Visit [dmarcunited.org](https://dmarcunited.org) to find a volunteer activity or host a food drive with your congregation or group.

**3**  
most  
needed  
items



peanut butter



fruit canned  
in 100% juice



whole grain  
cereal

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items



peanut butter



fruit canned  
in 100% juice



whole grain  
cereal



**Every single person has the opportunity to make a positive difference in their community.**

Doug Woods was one such person who found delight in giving and made a lasting difference in his community. DMARC will forever be inspired by and grateful for his spirit of generosity.

The goal – to create a challenge match that would not only help those facing food insecurity, but also encourage others to give generously. It was tremendously successful, and ten years later has raised a total of more than three quarters of a million dollars in support of the DMARC Food Pantry Network.

We are truly grateful to the family of Douglas M. Woods who has decided to carry on his legacy.



**Take the challenge and make a gift.**

Visit [dmarcunited.org/donate](https://dmarcunited.org/donate)



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